Components

Cice Rivera, MS, PhD, CAP

Components

1. Project Overview & Abstract

Purpose: Central narrative of the study

- Abstract
- Study rationale
- Research objectives
- Scope of the project

Description example (short):
This component provides an overview of the clinical research project examining addiction, mental health, and co-occurring disorders, including study aims, rationale, and theoretical framework.

2. Literature Review & Theoretical Framework

Purpose: Scholarly foundation

- Key theories (CBT, MI, trauma-informed care, biopsychosocial model)
- Prior empirical studies
- Gaps in existing research

Description example:
This component contains peer-reviewed literature and theoretical models informing the study of addiction and co-occurring mental health disorders.

3. Study Design & Methodology

Purpose: How the research is conducted
What goes here:

- Study type (observational, randomized, mixed-methods)
- Study phases

- Inclusion/exclusion criteria
- Sample characteristics
- Ethical considerations

Description example:
This component outlines the clinical research design, methodology, and ethical considerations used in studying addiction and co-occurring mental health disorders.

4. Participants & Recruitment

Purpose: Human-centered organization
What goes here:
- Recruitment strategies
- Consent procedures
- Demographic considerations
- Participant flow

Description example:
This component documents participant recruitment, informed consent procedures, and demographic characteristics relevant to the study.

5. Data Collection Procedures

Purpose: Transparency & rigor
What goes here:
- Assessment tools
- Clinical instruments
- Session schedules
- Data monitoring procedures

Description example:
This component details data collection methods, assessment instruments, and procedures used throughout the study.

6. Data Analysis Plan

Purpose: Scientific credibility

What goes here:

- Statistical methods
- Qualitative coding strategies
- Handling missing data
- Interpretation framework

Description example:
This component describes the analytical approach used to examine clinical outcomes related to addiction and co-occurring disorders.

7. Ethics, Compliance & Oversight

Purpose: Professional legitimacy
What goes here:

- Ethical principles
- Confidentiality safeguards
- Regulatory alignment (HIPAA, IRB principles)
- Participant protections

Description example:
This component addresses ethical considerations, compliance standards, and participant protection strategies used in the research.

8. Results & Outcomes

Purpose: Findings
What goes here:

- Preliminary findings
- Outcome summaries
- Clinical implications

Description example:
This component presents study outcomes and clinical implications related to addiction and mental health treatment effectiveness.

9. Publications & Dissemination

Purpose: Visibility & impact
What goes here:

- DOI links
- Preprints
- Manuscripts
- Conference materials

Description example:
This component links published outputs, preprints, and dissemination materials related to the research project.

10. Future Research & Extensions

Purpose: Growth & continuity
What goes here:

- Planned studies
- Grant ideas
- Longitudinal follow-ups

Description example:
This component outlines planned extensions, future studies, and long-term research directions.